TAKING THE NEXT STEP

Call or text
1800NEXTSTEP 24/7
Email us at
info@nextstepaftercare.com.au

Visit the website
nextstepaftercare.com.au

Join us on social media
or call in and visit one of the
Next Step After Care
regional service providers.

REGIONAL LOCATIONS:

**Beenleigh**
Life Without Barriers
Level 1, 96 George St,
Beenleigh
QLD 4207
07 3442 8600

**Brisbane**
Life Without Barriers
Level 3, 42 Amelia St,
Fortitude Valley
QLD 4006
07 3633 1500

**Ipswich**
Life Without Barriers
4/21 Brisbane St,
Ipswich
QLD 4305
07 3432 7800

**Toowoomba**
Life Without Barriers
298 Ruthven St,
Toowoomba
QLD 4350
07 4618 3100

**North Coast**
Integrated Family and Youth Services (IFYS)
07 5438 3000

**South Burnett**
South Burnett CTC
CTC - Youth Services
Somerset St, Kingaroy,
QLD 4610
(located at the Youth Park
next to the skate park).
07 4162 7788

**Mackay**
Life Without Barriers
Cnr Grendon and Palmer St,
Mackay
QLD 4740
07 4965 4800

**Rockhampton**
Life Without Barriers
194-196 Alma St,
Rockhampton Gty
QLD 4701
07 4921 1475

**Townsville**
Life Without Barriers
Suite 1,
3 Ramsay St,
Garbutt East
QLD 4814
07 4755 7400

**Cairns**
Youth Empowered Toward Independence (YETI)
3 Winkworth Street,
Bungalow, Cairns
QLD 4870
07 4051 4927

FOR YOUNG PEOPLE WHO'VE LEFT CARE

CALL OR TEXT 24/7

1800 NEXT STEP
1800 639 878

NEXTSTEPAFTERCARE.COM.AU

FUND BY: WE LIFE WITHOUT BARRIERS VE

NEXT STEP AFTER CARE SERVICES DELIVERED IN PARTNERSHIP BY

NEXTSTEPAFTERCARE.COM.AU
A step in the right direction

Next Step After Care services are here to provide young people between the ages of 15 and 21 who have been in foster care or other out of home care arrangements, with support to build independent lives.

Next Step After Care services will help young people who have left care with quick access to practical advice and support with things like:

- managing money and entitlements
- finding somewhere to stay and all the ins and outs of housing and accommodation
- training, jobs and getting a resume together
- keeping safe, strong and healthy
- relationships, including friends and family
- legal advice.

How do Next Step After Care services help?

In some cases, we will be able to assist by providing advice or information straight away.

If ongoing or more involved support arrangements are needed, we can work with the young person to arrange the right, individual local support.

We also have funds available that can be used to purchase goods and services that can make a difference for a young person in need.

We can even arrange to check in with the young person every now and then by phone, just to see how things are going.

Help is voluntary

Next Step After Care services are voluntary, hassle-free and designed to engage with young people as they move towards more independent lives. How involved we get in helping out is totally up to the young person.

Know someone who needs help after care?

If you know someone who’s left care who you think could do with some extra support, call 1800NEXTSTEP, or you can go direct to one of the Next Step regional service providers listed on the back of this brochure.